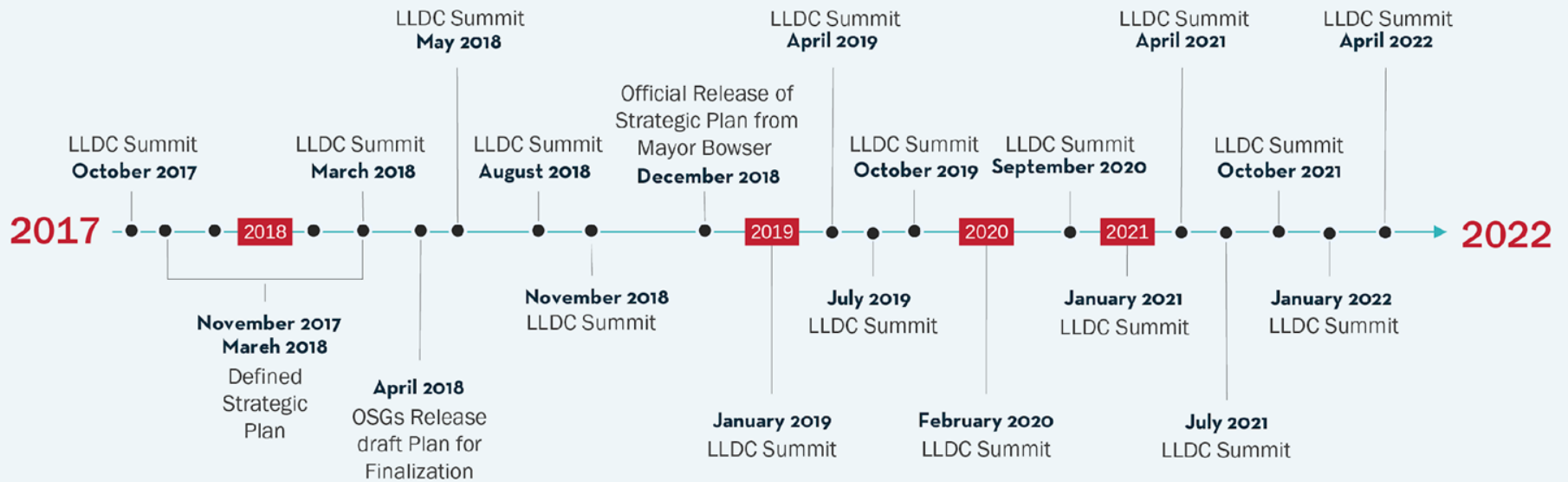




LIVE.LONG.DC. Stakeholder Summit

April 27, 2022
Summary Report

LIVE.LONG.DC. Milestones



LIVE.LONG.DC.

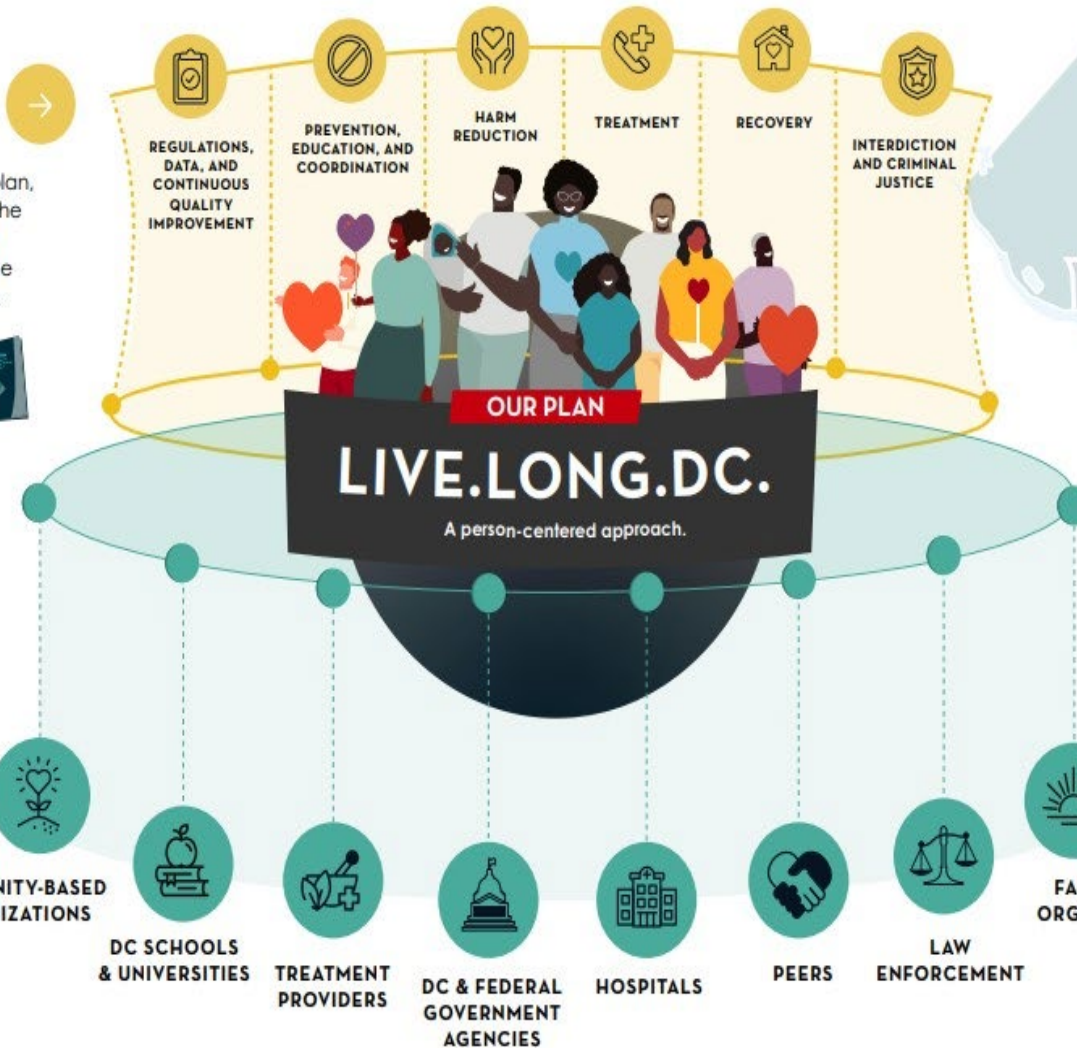
The District's Strategic Plan to Reduce Opioid Use, Misuse, and Related Deaths.

The LIVE.LONG.DC. (LLDC) Strategic Plan contains 49 strategies, organized across six (6) Opioid Strategy Groups (OSGs) that span the continuum of care. LLDC community members from across the District form a public-private coalition to collaborate on these strategies.

OUR WORK

The OSG working groups plan, support, and execute on the work in the Strategic Plan. These groups are led by the LLDC Steering Committee.

Visit the [full plan here](#).



OUR COMMUNITY

Hundreds of stakeholders from across the District, representing public, private, and community-based organizations work together within the OSGs in their area of expertise or interest, to deliver on the strategies.

What You Need to Know. What We Need to Do.

PURPOSE

To convene the LIVE.LONG.DC. (LLDC) stakeholder community in a forum of learning and action planning for executing strategies to save lives from opioid overdoses.

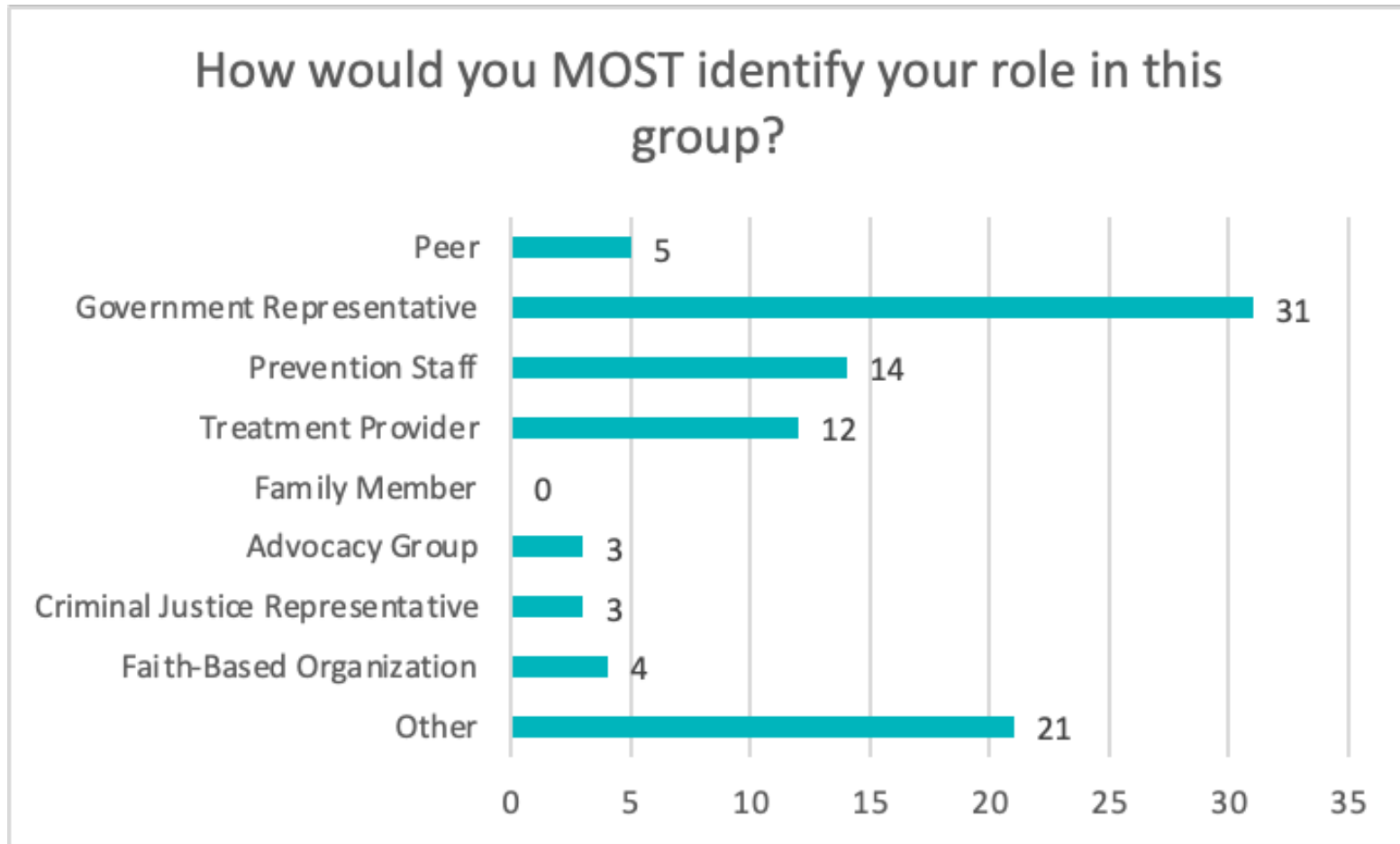
OUTCOMES

- The LLDC community is informed about:
 - Changes in the drug supply in D.C.
 - Medication for opioid use disorder (MOUD)
 - Recovery experiences
- Opioid Strategy Groups (OSGs) are outfitted with information to help focus their actions in delivering on their strategies

AGENDA

1. Opening Remarks
2. Data Highlights from the Office of the Chief Medical Examiner (OCME) and the Department of Forensic Sciences (DFS)
3. What You Need to Know About Treatment
4. Recovery Panel
5. OSG Breakouts
6. Closing Remarks

Poll Question



Dr. Stephen Raso, Deputy Chief Toxicologist, OCME

Opioid-Related Fatal Overdose Data

- OCME shared the 2021 and January 2022 overdose trends and death data, which can be found on the LIVE.LONG.DC. website.

Alexandra Evans, Chemist, Clinical Toxicology Unit, DFS

Update on Opioids in the District

- DFS presented supply data from its' drug surveillance program and gave an overview of the changes in drug supply profiles that are being seen in DC, which can be found on the LIVE.LONG.DC. website.

Dr. Richard Schottenfeld, Chair of the Department of Psychiatry and Behavioral Sciences, Howard University and Larry Bing, Peer

What You Need to Know About Treatment

- Dr. Schottenfeld shared information on the three types of MOUD and their effectiveness in reducing mortality risk among persons living with opioid use disorder (OUD). The presentation also addressed the perceptions shared by the LLDC community on impacts of long-term MOUD use. Dr. Schottenfeld was joined by Larry Bing, who shared his recovery journey with MOUD.

CASSANDRA BALL

HEATHER HOLT

DEMETRIUS JONES

MARK SPENCE

Recovery OSG co-leads, **Anna Jones** (Oxford House) and **Imani Walker** (DBH), moderated a discussion among the four panelists named above. Each panelist shared the following:

- Their pathways to recovery
- Barriers to recovery
- Recovery services that worked well or did not work well for them
- Their experiences with medication-assisted recovery (MAR) and the stigma associated with it

Summit participants self selected into OSG-specific breakout groups to have focused conversations on the following topics:

- **Prevention, Education, and Coordination:** *Growing the Network of Prevention Services*
- **Harm Reduction:** *Addressing Emerging Harm Reduction Needs*
- **Treatment:** *Challenges in Delivering Treatment*
- **Recovery:** *Embracing Multiple Pathways to Recovery*
- **Interdiction and Criminal Justice:** *Substance Use Disorder (SUD) Treatment for Incarcerated Individuals*

Prevention, Education, and Coordination: *Growing the Network of Prevention Services*

- Participants discussed how to best prepare for Prescription Drug Take Back Day (April 30), including tasking people to be at all 17 sites.
- The group also discussed the goal of having naloxone in DC Charter Schools in FY23.
- The Prevention Centers led a conversation around evidence-based prevention in schools and presented information about DBH's Coordinating Council on School Behavioral Health.

Harm Reduction: *Addressing Emerging Harm Reduction Needs*

- DBH and DFS presented information related to the emergence and impacts of Xylazine in the DC drug supply.
- Participants discussed harm reduction vending machines and the importance of educating the community about them.

IMPACTS OF XYLAZINE IN THE SUPPLY

- increase in xylazine sales in late 2021 per DC PDMP
- associated with nine opioid deaths in DC, starting April 2020
 - unclear if xylazine **ONLY** deaths have occurred in the U.S.
- no standard clinical practice for xylazine use
 - supportive care for overdose
 - withdrawal symptoms include mood changes, hypertension, tachycardia
 - no approved treatment for dependence (e.g. MAT)

Slide from Harm Reduction breakout presentation

Treatment: *Challenges in Delivering Treatment*

- Participants discussed treatment barriers, including homelessness, lack of specialized programs, and limited qualified staff in areas of need (such as nursing facilities).

Recovery: *Embracing Multiple Pathways to Recovery*

- Participants had the opportunity to engage further with the Recovery Panelists and hear additional information related to their pathways to recovery.
- Participants discussed how to connect youth with recovery programs. A few of their ideas included connecting through youth centers, apps, summer camps, and schools.

Strategy #	Strategy	Actions Steps	Target Completion Date	Measures of Success	March 2022 Update
1		Develop at least one online training for staff at skilled nursing and long-term care facilities that are focused on SBIRT, SUICIDE, and substance administration.	3/30/21		HealthEV developed the online training titled "Training Caregivers on Substance Use Disorder in the Skilled Nursing Setting" scheduled for launch on May 1. Previously conducted the webinar "Treating"
10, 15	Create a skilled nursing and long-term care facilities training program	Inform staff about available OASAT waiver trainings.	Ongoing	<ul style="list-style-type: none"> - OASAT, SBIRT, and substance training available and used at most night facilities - OASAT is supported in facilities and at long-term care facilities and at long-term staff a OASAT assessed at each facility - Individuals representing various facilities are participating in training communities - Long-term services and support (LTS) providers are participating in the OASAT 	As part of our ongoing survey of available resources in the District, HealthEV is gathering available OASAT waiver trainings for use in provision, newsletter, website, and CPE sessions.
4		Invite staff to newly developed community of practice	Ongoing		HealthEV presented the Community of Practice sessions to our District meeting list includes of both clinical and nonclinical staff working in OASAT, primary care, and other specialties. Following conversation with Dr. Barker, HealthEV will conduct an examination of this list to determine how many skilled nursing and long-term care facilities are included and add more of these contacts throughout the District.

Treatment lead, Gayle Hurt, presented on the challenges in delivering treatment

Interdiction/Criminal Justice: *SUD Treatment for Incarcerated Individuals*

- The group heard from Dr. Beth Jordan, Medical Director and Health Services Administrator for the D.C. Department of Corrections (DOC), about SUD treatment available to residents of D.C. DOC facilities.
- Additionally, Dr. Jordan informed the participants of the increased group offerings and novel treatments for SUD at D.C. DOC facilities.

MAT in DC DOC

- For nearly 20 years, methadone and Suboxone have been continued upon intake: Dose verified and restarted.
- Initiation in Jail: methadone since 2018 and Suboxone since 2019
- Vivitrol since 2019
- All residents with SUD discharged with Narcan
- Future: Planning on Sublocade

Slide from
Interdiction/Criminal Justice
breakout presentation



LIVE.LONG.DC.

Stakeholder Summit

Design and Facilitation
Support

The Clearing, Inc.

Jonathan Spector

202.558.6499

Jonathan.Spector@theclearing.com

**LIVE
LONG** DC
Saving lives from the opioid epidemic