Resources For Family and Friends Impacted by Substance Use

Assessment and Referral Sites

 The Department of Behavioral Health Assessment and Referral Center (ARC) or one of the community-based substance use disorder providers are available to enroll individuals in substance use disorder services.

The Community Response Team

• The Community Response Team is a 24-7 multidisciplinary direct service team that supports adults who are experiencing emotional, psychiatric, or substance use vulnerabilities to promote service engagement and overall behavioral health and wellness.

DC Prevention Centers

 Prevention Services focus on deterring the onset or first use of alcohol, tobacco, and other drugs (ATOD) among youth and reducing substance use risk factors for adolescents, families, and communities.

Department of Behavioral Health (DBH) Access Helpline

- The Access Helpline: 888-7WE-HELP (888-793-4357)
 - Easiest way to get connected to mental health services provided by the Department of Behavioral Health and its <u>certified behavioral health care</u> <u>providers.</u>
- Suicide and Crisis Lifeline: Dial 988

Department of Behavioral Health (DBH)

 The Department of Behavioral Health provides prevention, intervention and treatment services and supports for children, youth and adults with mental and/or substance use disorders including emergency psychiatric care and community-based outpatient and residential services.

Family Peer Coaching Project, Community Connections

 Peer services play a crucial role in helping to advance wellness and recovery for clients living in the community. Peers are uniquely suited to use their own experience and personal knowledge to engage clients in treatment and recovery. The Family Peer Coaching Project is an evidenced-based multi-family trauma intervention that serves families that have an open CFSA In-Home case. Referrals to the Family Peer Coaching Project are made by the family's CFSA caseworker.

Fatherhood Initiative

 National Fatherhood Initiative® comes alongside human service organizations and communities with a strengths-based approach to father engagement training, fatherhood program curricula, and other educational materials to help them—and the families they serve—fully realize the tremendous, positive impact involved fathers have on children and families.

Good Success Christian Baptist Church

 "The Meeting" on Friday evenings from 7:00 - 9:00 p.m. is for anyone in the community to receive any type of counseling/support they need. Located at 4401 Sheriff Road, NE. For help call 202-701-6399 or 202-704-6175.

Jayla's Way (<u>jaylasway22@gmail.com</u>, 202.422.8612)

 Jayla's Way is a non-profit organization seeking to provide critical education to youth, uplift parents who have suffered loss or need help navigating the process of having a behaviorally challenged child, and create wrap-around services for the entire family.

MyRecoveryDC

 As part of LIVE.LONG.DC., MyRecovery.dc.gov includes real stories of recovery, a connection to Certified DC Peers, and a directory of treatment and recovery services by Ward. Real stories of recovery have been shown to help people who use drugs and alcohol in their journey from addiction to health.

Nar-Anon Virtual Meetings

• The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve-step program, they offer their help by sharing their experiences, strengths, and hopes.

Oxford House - Women and Children's House (Ward 7, 45th Place)

An Oxford House is a community-based, self-supporting and drug free home.
 There are houses for men, houses for women, and houses that accept women with children. Each House represents a remarkably effective and low cost method of preventing relapse.

RAP Inc. - 1949 4th Street NE, Washington, DC 20002

- RAP is a non-profit healthcare provider that strives to eliminate treatment barriers by putting the needs of their clients first through person-centered, strengths-focused and cultural-, gender- and trauma-informed care.
 - RAP has a prenatal program for pregnant women and provides treatment to families, in which their children can participate in the program as well.
- Transitional housing is also available.

Resources for Pregnant and Postpartum Individuals with Opioid, Stimulant, and Other Substance Use Disorders:

- Prepared by the MedStar Health National Center for Human Factors in Healthcare and sponsored by the State Opioid Response grant through the DC Department of Behavioral Health, the following documents comprise a screening and resource guide for healthcare providers, patients, and caregivers in the District of Columbia. The purpose of this guide is to provide evidence-based best practices and resources to aid in screening and treating opioid, stimulant, and other substance use disorders in pregnant and postpartum patients.
 - Provider Training
 - Patient Materials
 - Care for the Caregiver

Samaritan Inns

 The Samaritan Inns, Clark Inn program strives to create a safe place where mothers and pregnant women struggling with substance use disorders can receive treatment and family services, while working with them to access long-term independent living.

o Main telephone: 202-667-8831

o Clark Inn: 202-234-0904

State Opioid Response (SOR) Peer-Operated Centers and Other Peer-Operated Centers

- DC Recovery Community Alliance (DCRCA)
 - A community partner providing recovery support services to DC residents.
 DCRCA infuses the spirit of hope throughout all phases of recovery.
- Dreamers and Achievers
 - A non-profit organization that serves as a drop-in-center where individuals and families can come throughout the day for support and resources. Their staff has first hand knowledge and experience dealing with mental and substance use and devote their lives to uplifting the DC community.
- Revise Inc.
 - Support groups offering hope, encouragement, useful information and new ways of tackling challenging situations. At the support group, it can be a huge relief to realize that you are not alone and that there are other people who have the same situations.
- Total Family Care Coalition (TFCC)
 - TFCC provides peer support workers to families and youth who suffer from behavioral health challenges and teaches them how to navigate systems so they can sustain a better quality of life. Services include support groups for women, fatherhood initiative groups, art and photography programs for youth ages 13-18, a youth summer enrichment camp, and HIV testing and education

- Volunteers Of America Chesapeake & Carolinas
 - Volunteers of America Chesapeake & Carolinas is a faith-based, non-profit organization whose mission is to empower self-reliance and inspire hope.
 As a church without walls, they do this through personalized housing, ministry, health, and human services that benefit vulnerable individuals, their families and the community.